



Al-Azhar Al-Sharif
Presidency of Al-Azhar Institutes

A-LEVEL

ENGLISH

for

Al-Azhar Gen Z

Preparatory One
Term 1

Workbook

First Draft Edition

2024 - 2025



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Unit 1

The Engine of the Body



EXERCISE 1:

Fill in the gaps using words from the box:

beats

pumps

arteries

pulse

relaxes

Why does your heart beat?

What causes your heart to beat? Think of your **arteries** as the pump behind the thump. When someone takes your, they are actually measuring the contractions of your arteries. In other words, the heart oxygen-rich blood to the rest of the body through one main artery called aorta. The muscular walls of the aorta and the other arteries help the heart pump blood. When the heart, arteries expand as they are filled with blood. When the heart, the arteries contract. It is the rhythm between the heart and the arteries that powers your circulation system and keeps your blood flowing.



EXERCISE 2:

Choose the correct answer from A, B, or C:

- 1 Your pulse is the number of times your heart in one minute.
☐ A beats ☐ B expands ☐ C sticks
- 2 You can your heart rate by placing two fingers gently against your wrist.
☐ A count ☐ B beats ☐ C measure
- 3 Heart diseases a miserable life and may lead to death.
☐ A result ☐ B cause ☐ C reason
- 4 How many times does the blood through the heart during one cycle?
☐ A flow ☐ B go ☐ C run
- 5 The heart oxygen-rich blood to the body.
☐ A passes ☐ B pumps ☐ C pushes

 **EXERCISE 3:**

 **Write the synonyms of the words in column (A) in the spaces in column (B).**

(A) Word	(B) Synonym
regulate	organize
pulse
contraction
flowing
pump

 **EXERCISE 4:**

 **Choose the correct answer to complete the sentences:**

- 1 Sara has dirty hands, so she wash her hands.
☐ A should ☐ B shouldn't ☐ C should have
- 2 Hazem has a toothache. He stop eating candies.
☐ A should ☐ B shouldn't ☐ C mustn't
- 3 Ali has a flu, he stay at home.
☐ A should ☐ B shouldn't ☐ C will
- 4 He has a backache, he carry heavy things.
☐ A should ☐ B shouldn't ☐ C cannot
- 5 She has a flu. What she take?
☐ A shouldn't ☐ B should ☐ C cannot

 **EXERCISE 5:** _____

 **Match the words in column (A) with their meanings in column (B):**

(A)	(B)	(A)	(B)
1 Factory	A a muscular organ of the body that expands and contracts to move blood through the arteries and veins.	1
2 Vessels	B a combination of things or parts forming a complex unitary whole.	2
3 Operate	C A building or group of buildings with facilities for the manufacturing of goods.	3
4 System	D A vein or artery that carries blood through the body.	4
5 Heart	E to work, perform, or function, as a machine does.	5

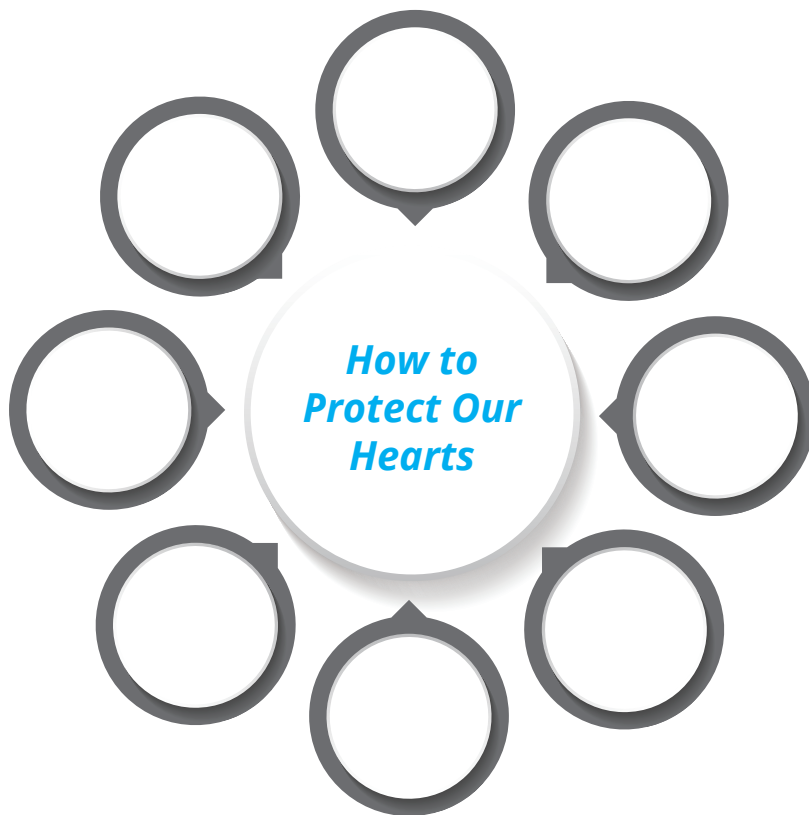
 **EXERCISE 6:** _____

 **Look up the following words in your dictionary, then complete the following table.**

Word	Meaning	The part of speech
Healthy	strong and well	adjective
Muscular		
Aorta		
Expand		
Contract		

 **EXERCISE 7:**

-  **Complete the following mind map, then write a paragraph of not less than five sentences about "how to protect our hearts".**



"

"

Lesson 2

The Heart

 **EXERCISE 1:**

 **Complete the following sentences with the present simple or the present continuous of the verbs in brackets:**

- 1 Ali (not work) today. He's taken the day off.
- 2 The washing machine has been repaired. It (work) now.
- 3 Sara's on holiday with her friends. She (have) great time and doesn't want to come back.
- 4 The River Nile (flow) into the Mediterranean.
- 5 The river (flow) very fast.
- 6 Let's go out now. It (rain) any more.
- 7 Water (boil) at 100 degrees celsius.
- 8 Zeyad is in Luxor right now. He (stay) at the Golden Hotel. He always (stay) there when he's in Luxor.

 **EXERCISE 2:** **Pronunciation exercise**

Read about Ali's daily routine and put the words ending with "s" letter in the right box.

Ali's Daily Routine

Ali gets up early. He washes and prays. After that, he eats some sandwiches in his own dishes. He puts on his clothes quickly. He goes to school every day by bus, but the roads are usually full of buses. He arrives at school at 8 O'clock in the morning, and he spends seven hours at school with his friends. He studies hard and likes his teachers. He always gets high marks. He puts his toys in funny boxes.

/s/	/z/	/iz/
.....
.....
.....
.....
.....
.....

 **EXERCISE 3:**

 **Spot and correct the errors in the following sentences:**

① Can you hear those people? What do they talk about?

② Sama is getting up early and performs her dawn prayer.

③ Mohamed must go now. It gets late.

④ Aliaa is phoning her mother every day.

⑤ Ali is never late. He's always starting work on time.

⑥ The moon is going round the earth in about 27 days.

⑦ How often are you going to the cinema?

⑧ Are you ready? Everybody waits for you.

 **EXERCISE 4:**

 **In pairs, complete the following dialogue:**

➔ **Sara:** What are you doing, Sama?

➔ **Sama:** I'm reading a book about body organs.

➔ **Sara:** From your point of view, what is the most important body organ?

➔ **Sama:**

➔ **Sara:** What keeps it healthy?

➔ **Sama:**

➔ **Sara:** What should you eat?

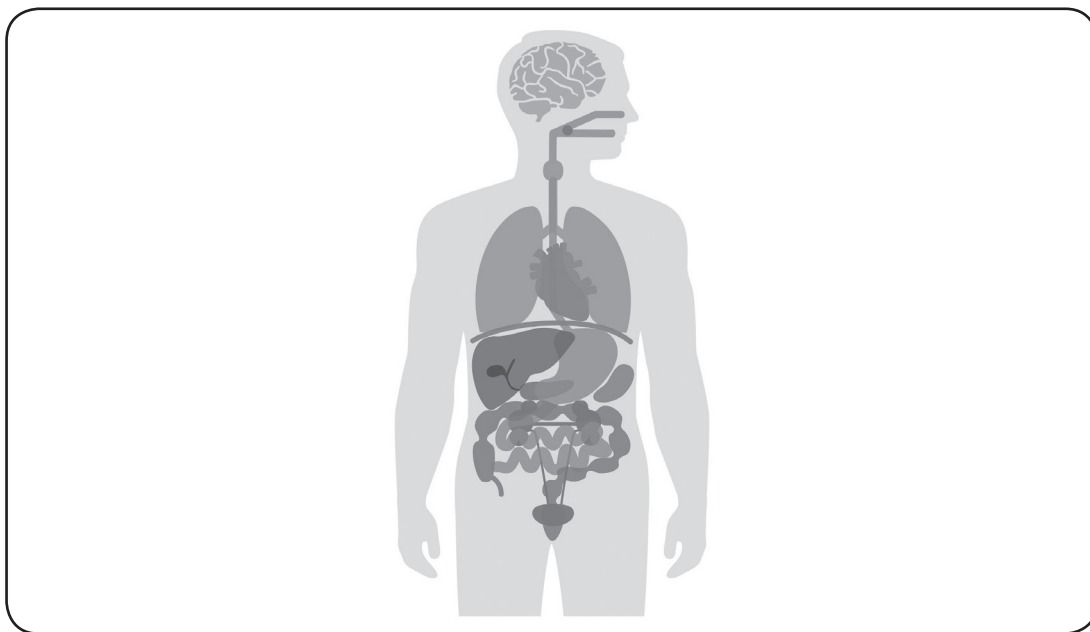
➔ **Sama:**

➔ **Sara:** What shouldn't you eat?

➔ **Sama:**

EXERCISE 5:

In pairs, do similar dialogues about different body organs.

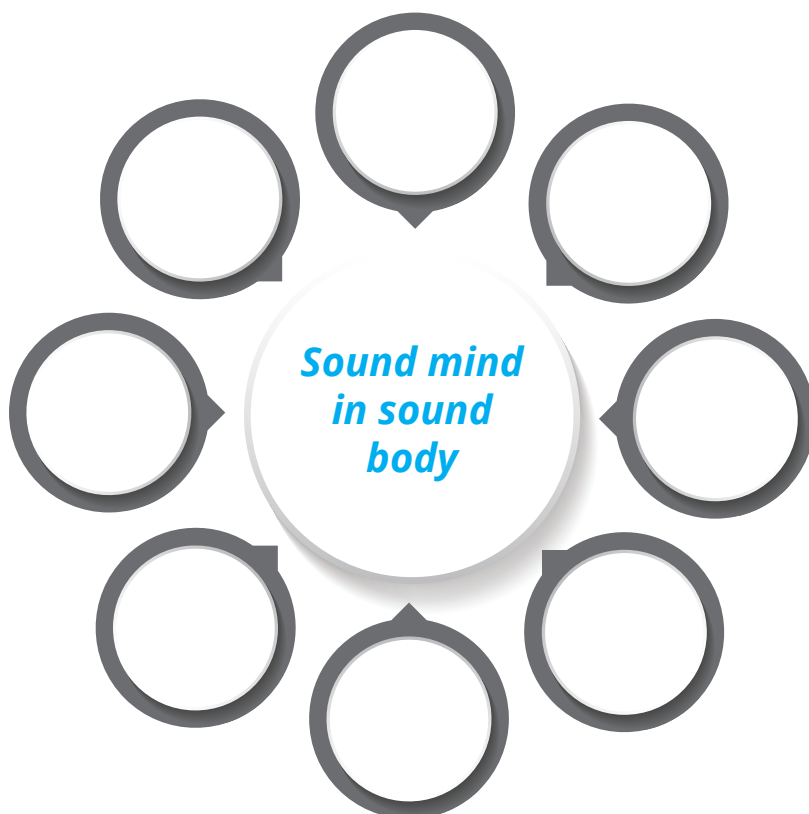
**EXERCISE 6:**

Rewrite the following sentences using the words in brackets and do the necessary changes:

- 1 I work in a travel agency. (now)
.....
- 2 It isn't raining very much now. (in summer)
.....
- 3 The population of the world is increasing very fast. (every day)
.....
- 4 Mohamed walks fast. (Look!)
.....
- 5 Sara passed her exam because she studied very hard. (always)
.....
- 6 What did you do at the weekend? (tonight)
.....
- 7 The police stopped him on his way home last night. (every night)
.....
- 8 Ali plays computer games on Thursday. (at the moment)
.....

 **EXERCISE 7a** **Writing:**

Write a paragraph about "Sound mind in sound body" using the mind map technique.



"

"

EXERCISE 1:

Fill in the gaps using words from the box:

grant

bored

retiring

issue

beach

→ The interviewer: Sir Yaquop, can you ever see yourself retiring?

→ Sir Yaquop: No, although I feel tired, I enjoy what I do and I can't sit on a for half an hour without thinking about something, and I really get I don't want to slow down because it's a way of life, it's something I enjoy thoroughly. I wake up at 3 a.m. thinking about writing a to the EU or reading the latest of "Nature". But, really I am not suffering.

EXERCISE 2:

Choose the correct answer to complete the following sentences.

- 1 is a feeling of emotional or physical tension.
 A Stress B Release C Hunger
- 2 It is important to eat food to keep your body well.
 A junk B healthy C fast
- 3 They don't have on him, he does whatever he wants.
 A stress B love C control
- 4 The more fats you eat, the more you get in your blood.
 A salt B cholesterol C tension
- 5 The doctor said smoking elevates your
 A blood pressure B weight C muscles

EXERCISE 3:

Rewrite the following sentences using the idioms in brackets:

- 1 It is a very good offer, I would accept it without hesitation.
 (in a heartbeat)
- 2 My grandma is very kind, I love her most.
 (a heart of gold)

③ The advertisements of hospital donation always affect me strongly.
(touch one's heart)

④ He had changed his opinion after learning the details of the deal.
(a change of heart)

⑤ I couldn't decide what to do, so I depended on my feelings.
(follow my heart)

EXERCISE 4:

★ Write five sentences using the words in the box

inspire

innovation

surgery

top-rated

pioneer

① His voice, in reciting the Holly Quran, inspires his audience.

②

③

④

⑤

EXERCISE 5:

★ Write what you would say in the following situations:

① Your doctor asks you about your diet.

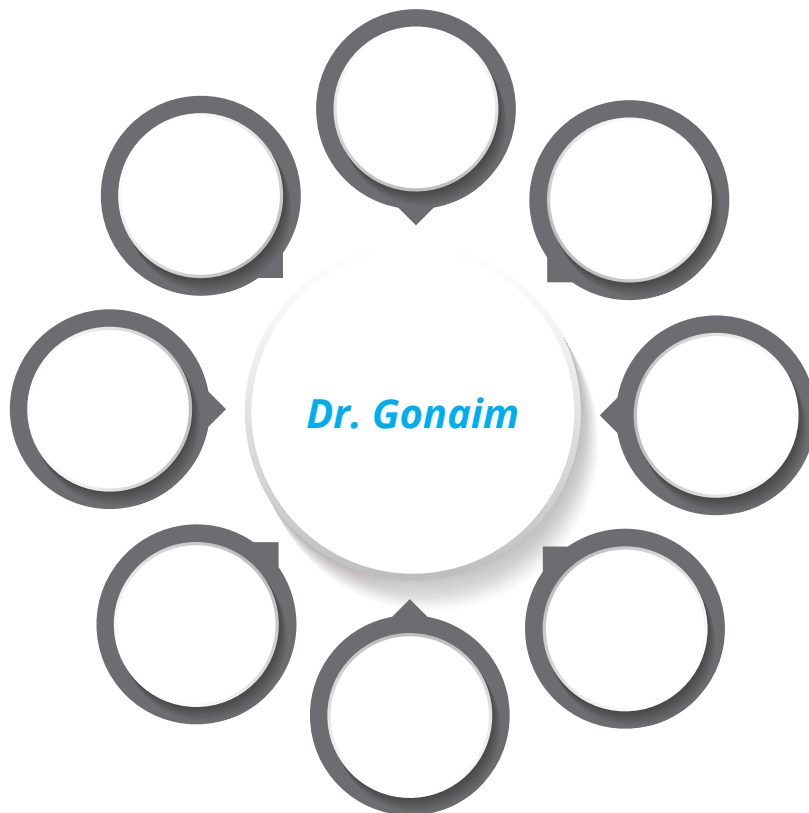
② You suggest joining the gym to keep fit.

③ You visit your friend who is in hospital after having an accident.

④ Your classmate asks you about revising for exam.

 **EXERCISE 6:**

Write a paragraph about **Dr. Gonaim** as one of the pioneers in the field of medicine.



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Unit 2

Al-Azhar Mosque



EXERCISE 1:

Fill in the gaps using words from the box:

moderation

beacon

tolerance

attention

institution

Al-Azhar Al-Sharif is the largest Islamic religious academic institution in the world. It represents the Muslims' academic center of attraction. For more than a thousand years, it has been a of knowledge and a center of for students from everywhere to learn religious, Arabic, natural and human sciences. It has long been a center of, spreading the culture and the teachings of Islam and its, with no exaggeration, extremism, or political intolerance.



EXERCISE 2:

Complete the following sentences with the past simple form of the verbs in brackets.

- 1 The Mamluke rulers (compete) in their service of Al-Azhar.
- 2 The Sultans of the Othman family (show) great respect for Al-Azhar Mosque.
- 3 Al-Azhar (become) the center of the largest gathering of the scholars of Egypt.
- 4 Al-Azhar Mosque staff (not- support) the Ottomans.
- 5 Historians (not- agree) on the origin of naming Al-Azhar Mosque.
- 6 When (do) Jawhar As-Siqilli (start) building Al-Azhar Mosque?
- 7 When was Al-Azhar Mosque (build) ?

EXERCISE 3:

Write the antonyms of the words in column (A) in the spaces in column (B).

(A) Word	(B) Antonyms
moderation
tolerance
spread
beacon
human

EXERCISE 4:

Match the words in column (A) with their meanings in column (B):

(A)	(B)	(A)	(B)
1 Mamluke	A the art and technique of designing and building, as distinguished from the skills associated with construction	1
2 Ottoman	B a period of time in history that is known for a particular event	2
3 architecture	C a light that is put to guide people, ships, or aircrafts	3
4 era	D they came from areas in the Balkans and the Caucasus and indoctrinated as slave soldiers. They ruled Egypt from 1250 to 1517.	4
5 beacon	E turkish tribes in Anatolia (Asia Minor) that grew to be one of the most powerful states in the world during the 15 th and 16 th centuries. They ruled Egypt from 1517 to 1867	5

EXERCISE 5:

Look up the meaning of the following words and put them in sentences of your own:

word	Sentences
attract	The Egyptian monuments attract thousands of tourists a year.
exaggeration
beacon
moderation
tolerance

EXERCISE 6:

Using the questioning technique, write a paragraph about the following topic:

"Al-Azhar Mosque is the Center of the Moderate Doctrine"

- ➔ Why
- ➔ What
- ➔ When
- ➔ Where

""

.....

.....

.....

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 EXERCISE 1:

 **Complete the following passage using the correct verb form in brackets (past simple or past perfect):**

Hi Ali,

I'd like to tell you about the football competition that I ① (attended / had attended) in my village. It ② (was / had been) very successful. The matches ③ (were / had been) really exciting because all the players ④ (trained / had trained) well. Everyone ⑤ (agreed / had agreed) we should do the same competition next year. However, we found that there ⑥ (were / had been) some problems with the competition. When we ⑦ (arrived / had arrived), we ⑧ (discovered / had discovered) that the pitch ⑨ (wasn't / hadn't been) well-prepared. The grass ⑩ (needed / had needed) to be cut. We ⑪ (built / had built) two changing rooms. Finally, we ⑫ (fixed / had fixed) the light posts. After ⑬ (had set / setting) the place, the matches ⑭ (started / had started). We all ⑮ (enjoyed / had enjoyed) the competition before winning the cup.

Best wishes,
Zeyad

 EXERCISE 2:

 **Spot and correct the errors in the following sentences:**

① When I got home, everybody went to bed.

② Had you used to go to the library last year?

③ Zeyad had won the first prize in the competition last month.

④ When I first met Ali, he traveled round the world.

⑤ I had born in Aswan.

⑥ Yesterday I had got a phone call from the manager.

⑧ The manager had been angry because I had come late.

EXERCISE 3:**Pronunciation Exercise**

Read about "Sara's day yesterday" and put the words ending with /d/ letter in the right box.

Sara's Day Yesterday

Yesterday, my mother helped me in the kitchen. I wanted some vegetables and groceries. I needed onions and spaghetti. I asked my mother to help me. I followed my mother's advice and used tomatoes. I also added salt and pepper. I cooked a delicious meal. Then, I washed the dishes and cleaned the kitchen. After that, I watched TV and played video games.

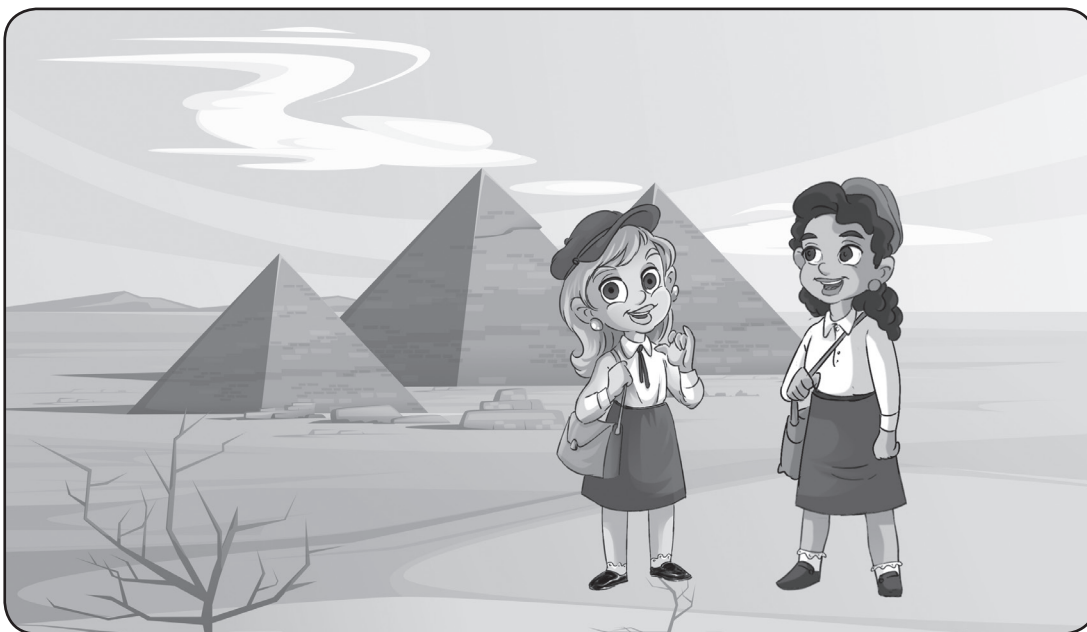
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EXERCISE 4:**Speaking Activity**

A In pairs, complete the following dialogue:

- ➔ Ali : Good morning, Zeyad. How are you?
➔ Zeyad : Good morning, Ali. I'm fine, thank you.
➔ Ali : Where are you going?
➔ Zeyad :
➔ Ali : Al-Azhar Mosque! What will you do there?
➔ Zeyad :
➔ Ali : Don't forget to visit the various Rawaqs.
➔ Zeyad :
➔ Ali : Will you visit old Cairo?
➔ Zeyad :
➔ Ali :?
➔ Zeyad : I'll walk in the old street and enjoy watching historic houses.
I'll also buy some souvenirs.
➔ Ali : I hope you will enjoy your journey.
➔ Zeyad : Thank you.

B In pairs, do similar dialogues about "different Egyptian landmarks":



 **EXERCISE 5:** **Rewrite the following sentences:**

① Mohamed watched TV. But first, he did his homework. (By the time)

② I picked the flowers. Then, I put them into a vase. (After)

③ Ali felt better. But first, he took the medicine. (till)

④ I wrote the letter. After that, I posted it. (Hardly)

⑤ We set out. Then, it started to rain. (before)

⑥ We went for a walk. But first, we had lunch. (Having)

⑦ Our first meeting was followed by marriage. (until)

 **EXERCISE 6:** **Complete the following sentences with the right idiom:**

*knowledge is
power*

got the picture

*took something
on board*

*can't make heads
nor tails of*

① Mohamed never tells you the whole story, but you always

② I these instructions on the packet.

③ A successful life starts with a good education. After all,

④ I listened to them, their comments and then,
I made the decision.

EXERCISE 7a**Writing:**

Write a paragraph about "The Mosque of Amr Ibn Al-As" using the questioning technique.

- ➔ Why
- ➔ What
- ➔ When
- ➔ Where

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EXERCISE 1:

Fill in the gaps in the text with a word from the box:

sequence

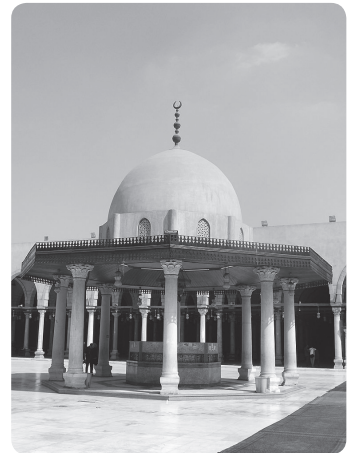
styles

governors

founded

anniversary

On the of Al-Azhar Mosque we must mention the first built mosque that was built in Egypt and Africa. Less than ten years after the death of the Prophet Muhammad, the new religion of Islam arrived in Egypt with the army of Amr Ibn Al-As in AD 639. Amr, immediately, his capital at Al-Fustat, just south of modern Cairo. He built Africa's first mosque; it is still in regular use today. Since then,, caliphs, sultans, amirs, beys, and pashas have built mosques, schools, and hospitals throughout Egypt in a changing of Fatimid, Ayyubid, Mamluk, Ottoman, and modern



EXERCISE 2:

Choose the correct answer to complete the following sentences.

- 1 The bank is celebrating its hundredth
 A century B anniversary C millennium
- 2 Please, my thanks to him.
 A take B carry C convey
- 3 The identity of the nation depends on its cultural
 A wealth B heritage C moderation
- 4 In Azharian institutes, study students the of Al-Azhar.
 A ideas B curricula C traditions
- 5 The company was in 1998.
 A made B build C founded
- 6 The bedroom also has a double bed to two persons.
 A accommodate B set C convey
- 7 I think we have to play with the same
 A idea B brain C rule

EXERCISE 3:

Write the antonyms of the words in column (A) in the spaces in column (B).

(A) Word	(B) Antonym
destroy
moderate
respect
preserve

EXERCISE 4:

Look at the picture, and write five sentences using the words in the box:

January 1946 Luxor moderate Islam Al-Azhar

.....

.....

.....

.....

.....

.....



EXERCISE 5:

Match the words in column (A) with their meanings in column (B):

(A)	(B)	(A)	(B)
1 millennium	A courses and lessons are taught	1
2 heritage	B past features of a culture	2
3 curricula	C principles of a branch of knowledge	3
4 found	D a period of 1000 years	4
5 doctrine	E take first step in building	5

EXERCISE 6:

What would you say in each of the following situations:

1 You ask your teacher to give you feedback on your homework.

2 You ask your little brother to keep quiet as you are studying.

3 Your sister asks you to help her do her homework.

4 Your old neighbour asks you to help carry his heavy bag.

EXERCISE 7:

Write a paragraph about "*Al-Azhar Services*".

"

"





Unit 3

Climate Change

EXERCISE 1:

Fill in the gaps using words from the box:

glaciers

consequences

melted

level

polar

rise



There are many effects that will happen in the future if global warming continues. Such as polar ice caps melting, economic , warmer waters and more hurricanes, spread of diseases and earthquake. As the temperature increases, the ice of the North Pole will melt. Once the ice melt, the first effect will be raise on sea levels because the melting become oceans. According to the National Snow and Ice Data Center; "if the ice melted today the seas would about 230 feet". It affects many low lying areas such as the Netherlands. In future, the Netherlands will be covered by water once the North Pole is However, it is not going to happen so fast, but the sea will continue rise.

EXERCISE 2:

Choose the correct answers to complete the following sentences.

- 1 We seem to be completely lost. What now?
☐ A are we going to do ☐ B are we doing ☐ C we will do
- 2 Just think, this time next week we a taxi to the airport.
☐ A are going to take ☐ B take ☐ C will take
- 3 As soon as we hear any news, we you know.
☐ A are letting ☐ B will have let ☐ C will let
- 4 a press conference about our new discovery on Tuesday.
☐ A We'll have held ☐ B We hold ☐ C We're holding.
- 5 Look at that helicopter! It on the sports field!
☐ A will land ☐ B is going to land ☐ C lands
- 6 Hold onto the camera, it.
☐ A you drop ☐ B you're going to drop ☐ C you will drop
- 7 We a new area at the zoo where visitors will be able to get closer to the animals.
☐ A open ☐ B are going to open ☐ C are opening

EXERCISE 3:

Look up the following words in your dictionary, then complete the following table:

Nouns	Verbs	Adjectives
effect
adaptation
globalization
increase
snow

EXERCISE 4:

Say what you think will happen in each picture. Use a verb from the list.

*blow**hit**flood**disappear**rain**erupt*

A Volcano is going to erupt.

B

C

D

E

F

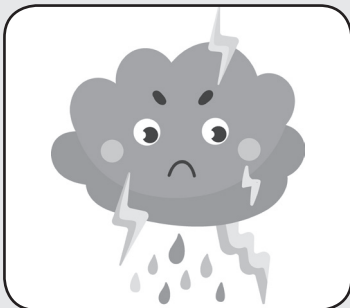
A



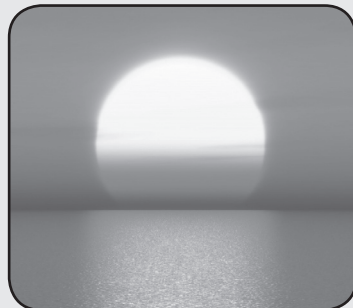
B



C



D



E



F



 **EXERCISE 5:**

 **Match the words in column (A) with their meanings in column (B).**

(A)	(B)	(A)	(B)
1 decomposition	A to let something go free.	1
2 deforestation	B a process by which plants use sunlight, water, and carbon dioxide to create oxygen and energy in the form of sugar.	2
3 atmosphere	C to take in liquid, gas or another substance.	3
4 release	D the process by which dead substances are broken down into simpler matters such as carbon dioxide, water, simple sugar and mineral salt.	4
5 photosynthesis	E the purposeful clearing of forests.	5
6 absorb-ed	F a layer of gas or layers of gases that envelope a planet.	6

EXERCISE 6:

Read the passage, then answer the questions:



Some processes release more carbon dioxide (CO₂) into the atmosphere. There are both natural and human sources of carbon dioxide emissions. Natural sources include decomposition and respiration. Human sources come from activities like cement production, deforestation as well as the burning of fossil fuels like coal, oil and natural gas. These processes that release carbon into the atmosphere are known as carbon sources. Forests are typically carbon sinks, places that absorb more carbon than they release. They continually take carbon out of the atmosphere through the process of photosynthesis. The ocean is another example of a carbon sink, absorbing a large amount of carbon dioxide from the atmosphere.

Read and tick (✓) or (✗) :

- 1 CO₂ stands for carbon dioxide. ()
- 2 Cars and vehicles are sources of carbon dioxide. ()
- 3 Human is the only source of the carbon dioxide emissions. ()
- 4 Cutting more trees doesn't affect our world. ()
- 5 The photosynthesis process is a process of carbon dioxide absorption. ()
- 6 Oceans are the global sink of carbon dioxide. ()
- 7 Burning of fossil fuels is a human source of CO₂. ()

 **EXERCISE 7a**

Write a paragraph of not less than five sentences about daily activities that release more carbon dioxide into the atmosphere.

Polluting Daily Activities

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EXERCISE 1:

Complete the following sentences with the right form of the verbs between brackets:

- 1 I think Brazil (win) the next world cup.
- 2 He's running past the goalkeeper. He (score) a goal!
- 3 The train (leave) at 9:00 a.m.
- 4 I've booked the tickets. I (travel) to Luxor next week.
- 5 Father (sell) his old car. He has decided.
- 6 I believe he (like) his prize.
- 7 It (rain) tomorrow. I watched the weather forecast.
- 8 Don't worry. I (buy) you a new bag. I promise.

EXERCISE 2:

With the help of your teacher, practice pronouncing the following sentences using intonation appropriately.

- ➔ Nice to meet you.
- ➔ What country do you come from?
- ➔ I'll be back in a minute.
- ➔ Where do you work?
- ➔ She doesn't live here anymore.
- ➔ How many books have you bought?
- ➔ Dad wants to change his car.

EXERCISE 3:

Spot and correct the errors in the following sentences:

- 1 I hope they will won the cup.
- 2 My eldest daughter would be 22 next June.
- 3 The next plane will arrive at 3 O'clock.
- 4 I would call the police if you don't stop this noise.
- 5 He travels to Paris tomorrow. He's got the ticket.
- 6 I have decided that I am traveling abroad next week .
- 7 I think he makes an accident. He is driving in a crazy way.
- 8 I expect that our team must win the match.

EXERCISE 4:

A In pairs, complete the following dialogue:

➡ **Mohamed:** Good morning, Zeyad. How are you today?

➡ **Zeyad:**

➡ **Mohamed:** Can you tell me what global warming is?

➡ **Zeyad:**

➡ **Mohamed:** How does it affect the Earth?

➡ **Zeyad:**

➡ **Mohamed:** Can you tell me the difference between global warming and climate change?

➡ **Zeyad:**

➡ **Mohamed:** Did you hear the British Prime Minister's announcement in Glasgow?

➡ **Zeyad:** No, I didn't. What happened?

➡ **Mohamed:** He warned that Alexandria and two other cities will disappear.

➡ **Zeyad:**?

➡ **Mohamed:** He said Miami, Alexandria, and Shanghai will all sink underwater.

➡ **Zeyad:** I'll search YouTube for that.

B In pairs, do similar dialogues about different climate phenomena.



 **EXERCISE 5:** **Rewrite the following sentences:**

- ① We planned to start a new business. (going to)
.....
- ② I promise to repay you this loan. (will)
.....
- ③ I have arranged everything to travel to London. (travelling)
.....
- ④ I offer to post the letter for you. (will)
.....

 **EXERCISE 6:** **Complete the following sentences with the right idiom:****A** set alarm bells ringing**B** reap what you sow**C** a drop in the ocean**D** hot potatoes**E** the sands of time are running out

- ① They need to raise thousands of pounds for this project, so our 20-pound donation is just
- ② He tried to avoid taking a strong stand on political like abortion.
- ③ You like to stay up too late, but you'll when you start falling asleep in class.
- ④ The final exams are next week. We have to study hard as
- ⑤ The decision has at human rights organizations.

 **EXERCISE 7:**

Write a paragraph about "*facing the environmental problems*" following the writing steps.

""

.....

.....

.....

.....

.....

 EXERCISE 1:

 Fill in the gaps in the text with a word from the box:

evolving

droughts

ecosystem

climate

agricultural



Agriculture and fisheries are highly dependent on the changes in the frequency and severity of and floods could pose challenges for farmers and ranchers and threaten food safety. Meanwhile, warmer water temperatures are likely to cause the habitat ranges of many fish and shellfish species to shift, which could disrupt Overall, climate change could make it more difficult to grow crops, raise animals, and catch fish in the same ways and same places. The effects of climate change also need to be considered along with other factors that affect production such as changes in farming practices and technology.

 **EXERCISE 2:** **Choose the correct answer to complete the following sentences.**

- 1 The rise of sea level due to is considered one of the main natural threats for human society.
 (A) global warming (B) rain (C) pollution
- 2 Never leave out rat poison or other substances.
 (A) sweaty (B) toxic (C) harm
- 3 The fire should be kept as thin and bright as possible to the amount of smoke in the uncast.
 (A) increase (B) double (C) reduce
- 4 There are plenty of things you can at work to reduce pollution, especially paper.
 (A) recycle (B) remove (C) use
- 5 cars can reduce smog up to 90% and can get much better fuel economy than a normal engine.
 (A) Dual (B) Hybrid (C) Gas
- 6 Use a metal to store the ashes.
 (A) dish (B) box (C) container
- 7 Producing paper increases and other negative environmental impacts.
 (A) pollution (B) manufacturing (C) deforestation.

 **EXERCISE 3:** **Write the synonyms of the words in column (A) in the spaces in column (B).**

(A) Word	(B) Synonym
solutions
reduce
hybrid
release

EXERCISE 4:

Look at the picture and write five sentences using the words in the box:

UN

fight against

conference 26

global warming

control



EXERCISE 5:

Match the words in column (A) with their meanings in column (B):

(A)	(B)	(A)	(B)
1 recycle	A the whole mass that surrounds the earth.	1
2 toxic	B to remove something.	2
3 suck out	C capable of causing injury or death.	3
4 deforestation	D to carry out something.	4
5 implement	E to extract and reuse.	5
6 atmosphere	F to destroy the trees or forests.	6

 **EXERCISE 6:**

 ***What would you say in each of the following situations:***

- 1 Your cousin asks you "What do you think of my new house?"
.....
- 2 Your friend asks you "Do you have any idea about global warming dangers?"
.....
- 3 In a debate, you respond to your partner's question "What is your opinion about using electric cars?"
.....
- 4 Ask your brother about his point of view about your new short story.
.....

 **EXERCISE 7:**

Write a list of advice about "how to reduce global warming"

"Reducing Global Warming"

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....



Unit 4

Individual and Team Sports



Lesson 1

Benefits of Practicing Sport

EXERCISE 1:

Fill in the gaps using words from the box:

goals abilities motivated self-esteem athlete coach

Practicing a sport brings lots of benefits such as developing and confidence. Preparation, discipline, perseverance and willingness are the characteristics needed to become a successful On the other hand, sports help to set rules, priorities, and forces us to accomplish the desired to make a child become, it is important that he/she visualizes his/her favorite sport. If the sport involves more people, it is crucial to be with children of the same age besides having an enthusiastic One discouraging factor could be to impose a sport without taking into account her or his



EXERCISE 2:

Complete the answers using the word in the following box.

get fat dies sinks melts floats get burned

- 1 What happens when you put a coin in water?
→ If I
- 2 What happens if you don't water a flower?
→ If I
- 3 What happens if you touch a fire?
→ If I
- 4 What happens when you put a piece of wood in water?
→ If I
- 5 What happens if you eat too much?
→ If I
- 6 What happens if you take ice out of the freezer?
→ If I

EXERCISE 3:

Look up the meaning of the following words to complete the following table.

Word	Meaning
athlete	A person who is good at sports or competes in sports.
motivated
coach
self-esteem
impose
visualize

EXERCISE 4:

Use the words to complete an "if-sentence" about a solution to the environmental problems.

Solution A: recycle paper, metal and glass:

- 1 everyone / recycle paper / factories / not cut down so many trees.
 ➔ If everyone recycles paper, factories won't cut down so many trees.
- 2 everyone / recycle metal and glass / we not waste valuable resources.

- 3 everyone / recycle paper, metal and glass / we not produce so much rubbish.

Solution B: turn off lights, don't drive so much, insulate your house:

- 4 everyone / turn off unwanted lights / save a lot of electricity.

- 5 everyone / walk or cycle / not waste so much oil and petrol.

- 6 everyone / insulate their houses / not waste so much energy for heating.

Solution C: use renewable energy:

7 countries / use more wind and water power / not depend so much on power stations.

8 countries / use power stations less / cause less air pollution.

EXERCISE 5:

 Look up the meaning of the following words to complete the following table.

Words	Synonyms	Antonyms
benefits(n)	profits	drawbacks
competent(adj)		
accomplish(v)		
enthusiastic(adj)		
discipline(n)		

EXERCISE 6:

Write a paragraph of not less than seven sentences about "the importance of practicing sports".

"

"

EXERCISE 7:

Write the names of sports:





cycling















G	W	L	A	B	C	E	N	M	K	L	Q	R
N	S	L	Z	N	G	N	I	I	K	S	E	T
I	W	A	D	C	Y	C	L	I	N	G	J	S
D	R	B	F	H	M	K	A	R	A	B	E	T
A	U	Y	K	G	N	F	S	O	K	C	O	H
L	Q	E	L	T	A	J	U	D	E	S	V	X
B	J	L	B	A	S	K	E	T	B	A	L	L
R	L	L	S	D	T	B	A	J	W	A	H	R
E	B	O	W	L	I	N	G	R	A	I	H	Q
L	A	V	E	T	C	C	S	D	A	V	B	L
L	S	K	W	V	S	A	C	X	M	T	L	E
O	M	G	H	I	O	E	Y	R	P	S	E	J
R	V	C	S	W	I	M	M	I	N	G	L	Y

EXERCISE 1:

Complete the sentences with the correct form of the verbs in brackets:

- 1 If water freezes , It (turn) into ice.
- 2 If you pick those apples now, they (taste) very sweet.
- 3 Water (freeze) if the temperature is zero or below.
- 4 If you throw that stone, you (break) a window.
- 5 If you mix yellow and blue, you (get) green.
- 6 If people don't get enough food, they (become) ill.
- 7 If there is a sandstorm tonight, all buildings (be) dusty.
- 8 If the wind is very strong, it (do) a lot of damage .

EXERCISE 2:

Choose the correct word stress for the following target words.

- 1 Can you pass me a plastic knife?
☐ A PLAS-tic ☐ B plas-TIC
- 2 I want to be a photographer.
☐ A PHO-to-graph-er ☐ B pho-TO-graph-er
- 3 Which photograph do you like best?
☐ A PHO-to-graph ☐ B pho-TO-graph
- 4 He was born in China.
☐ A CHI-na ☐ B Chi-NA
- 5 Whose computer is this?
☐ A com-PU-ter ☐ B com-pu-TER
- 6 I can't decide which book to borrow.
☐ A DE-cide ☐ B de-CIDE
- 7 Couldn't you understand what she was saying?
☐ A un-DER-stand ☐ B un-der-STAND
- 8 Voting in elections is your most important duty.
☐ A im-POR-tant ☐ B im-por-TANT
- 9 We had a really interesting conversation.
☐ A con-VER-sa-tion ☐ B con-ver-SA-tion
- 10 How do you pronounce this word?
☐ A PRO-nounce ☐ B pro-NOUNCE

 **EXERCISE 3:**

 **Spot and correct the errors in the following sentences:**

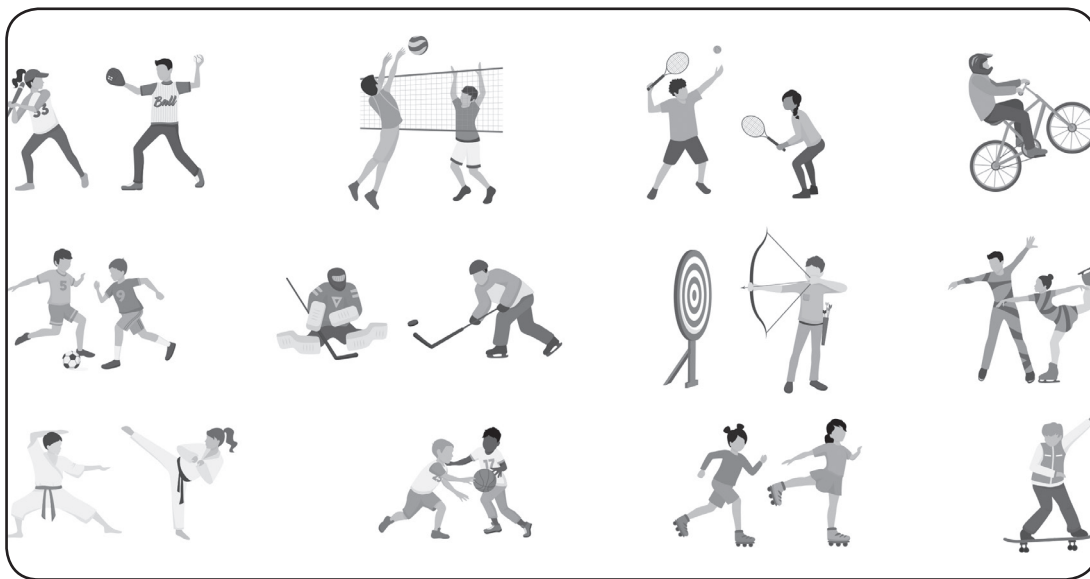
- ➊ If he arrive early, he will catch the bus.
- ➋ Don't worry if I was late tonight.
- ➌ Hurry up! If we don't hurry, we'd be late.
- ➍ I will tell you if I saw anything unusual.
- ➎ If I felt tired, I will go to bed.
- ➏ If metals heat, they expand.
- ➐ If she trains hard, she wins next week's race.
- ➑ If you heat ice, it freezes.

 **EXERCISE 4:**

A In pairs, complete the following dialogue:

- ➡ Ali : Good morning, Zeyad. How are you?
- ➡ Zeyad : Good morning, Ali. I'm fine, thank you.
- ➡ Ali : Where are you going?
- ➡ Zeyad :
- ➡ Ali : ?
- ➡ Zeyad : I am playing basketball with my team.
- ➡ Ali : How many members are there in a basketball team?
- ➡ Zeyad :
- ➡ Ali : How do you win at basketball?
- ➡ Zeyad :
- ➡ Ali : What equipment do you need?
- ➡ Zeyad :
- ➡ Ali : What's the highlight of your year in basketball?
- ➡ Zeyad :
- ➡ Ali : Congratulations! I wish you the best.
- ➡ Zeyad :, good bye.

A In pairs, do similar dialogues about "different sports".



✨ EXERCISE 5:

✨ **Rewrite the following sentences:**

- 1 My car will be out of order. I won't drive you there. (If)
.....
- 2 If we feel sleepy, we'll have a nap after lunch. (so)
.....
- 3 We'll set off tomorrow on condition that the weather is good. (If)
.....
- 4 Iron expands when you heat it. (If)
.....
- 5 I won't know his phone number, so I won't be able to give him a ring. (if)
.....
- 6 If you don't eat anything. You'll be hungry. (as)
.....
- 7 He won't help you because he won't have enough time. (If)
.....
- 8 We'll have a nap after lunch if we are sleepy. (Unless)
.....

 **EXERCISE 6:** **Rewrite the following sentences:**

① If you ask me, they let him get away with his deeds easily. (hook)

② Dad told me that I can choose on my own. (court)

③ I don't understand why you always have to do too difficult things instead of making things a little easier on yourself! (tide)

④ She really needs to be ready if she wants to win the election. (eye)

⑤ Just co-operate and do what they say, and nobody will get hurt! (play)

 **EXERCISE 7:**

Write a paragraph about "your favorite sports hero" following the writing steps.

"

"

EXERCISE 1:

Fill in the gaps with a word from the box:

announcing

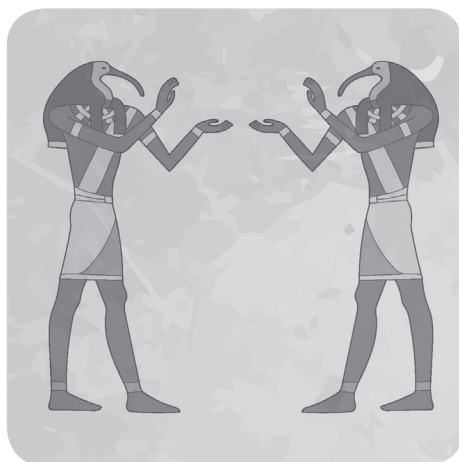
shotting

rules

referee

practiced

Many of today's sports were practiced by the Ancient Egyptians who set the and regulations for them. Inscriptions on monuments indicate that they wrestling, weightlifting, long jump, swimming, rowing,, fishing and athletics, as well as various kinds of ball games. Drawings on pharaonic monuments tell us that several thousand years ago, the Egyptians had laid down basic rules for games, chosen a neutral, a uniform for players, and a means of the winners by awarding them different collars.



EXERCISE 2:

Choose the correct answer to complete the following sentences.

- 1 As a sign of good, the players shake and soon after that everybody goes home.
 A sportsmanship B sport C attitude
- 2 The talks will on economic development of the region.
 A count B focus C depend
- 3 They have and qualities which make them highly valuable.
 A conditions B powers C skills
- 4 studies is the study of how many lives in societies.
 A Community B Society C Social
- 5 The blew his whistle for half-time.
 A judge B coach C referee
- 6 We can learn much by being brought into contact with opinions.
 A opposing B similar C adult

EXERCISE 3:

Write the synonyms of the words in column (A) in the spaces in column (B).

(A) Word	(B) Synonym
referee
adult
skills
coach

EXERCISE 4:

Look at the picture and write five sentences using the words in the box:

1992 *footballer* *National team* *Golden Boot*

.....

.....

.....

.....

.....

.....

.....



 **EXERCISE 5:** **Match the words in Column (A) with their meanings in Column (B):**

(A)	(B)	(A)	(B)
1 teamwork	A Something that produces good or helpful results or effects.	1
2 spirit	B The activity of working together in a group.	2
3 courage	C A particular way of thinking, feeling, or behaving.	3
4 involve	D A feeling of having respect for yourself and your abilities.	4
5 benefit	E The ability to control your fear in a dangerous or difficult situation.	5
6 self-esteem	F To include someone in something, or to make them take part in or feel part of it.	6

 **EXERCISE 6:** **What would you say in the following situations:**

1 Your friend asks you which you prefer tea or coffee.

.....

2 You tell a friend about your favorite hobby.

.....

3 Your teacher wants to know the most important school subject from your point of view.

.....

4 You express your interest in reading about environmental issues.

.....

5 You ask your friend about his favourite sport.

.....

EXERCISE 7a

Writing:

Write a paragraph about "how to be a good athlete"

"

"

.....

.....

.....

.....

.....

.....

.....

.....